

Children's HealthSM Asthma Buddy Quick User Guide

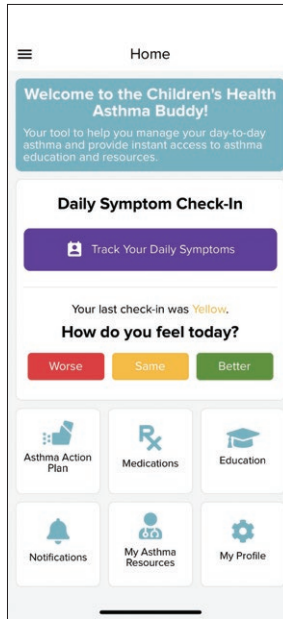
Step 1

Create an account



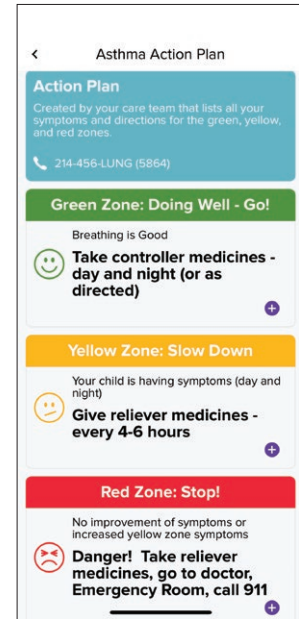
Step 2

Track your daily symptoms from the home page



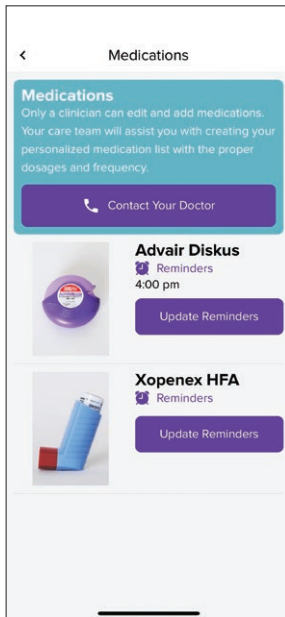
Step 3

View your asthma action plan created by your provider



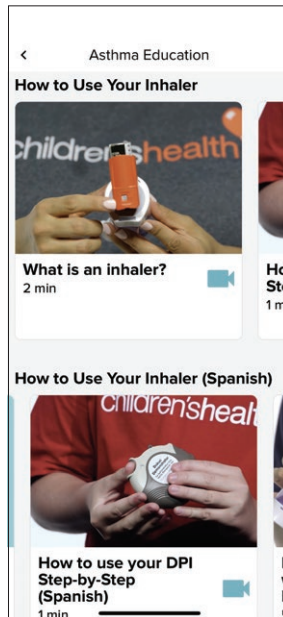
Step 4

View your medications



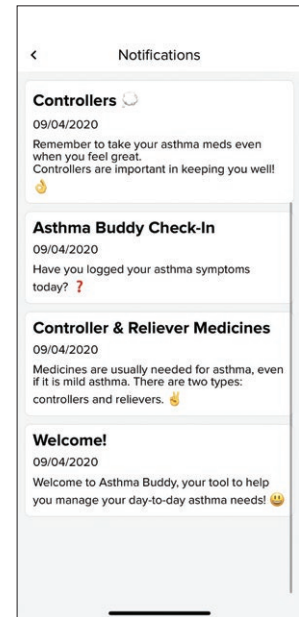
Step 5

Get information on asthma education



Step 6

Read your notifications



Download the Children's Health Asthma Buddy app.

Text "ASTHMA" "ASTHMA BUDDY" "ASMA" or "ASMA BUDDY" to 77-444



Message and data rates may apply.



Guía rápida para usuarios de la aplicación Asthma Buddy de Children's HealthSM

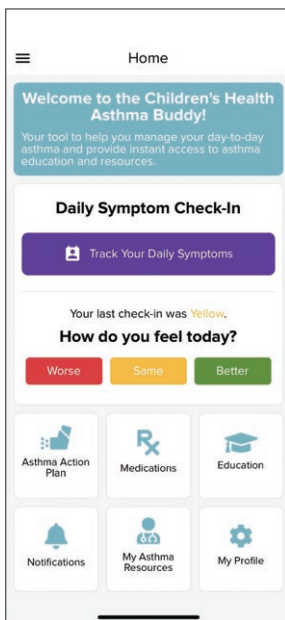
Paso 1

Cree una cuenta.



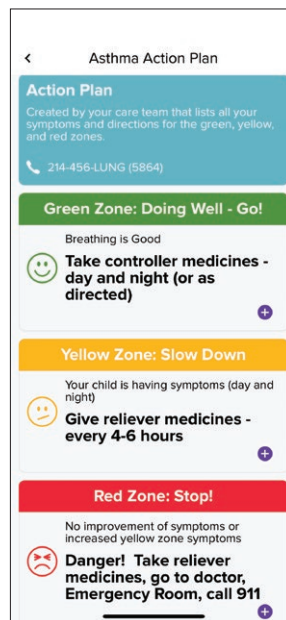
Paso 2

Registre sus síntomas diarios desde la página de inicio.



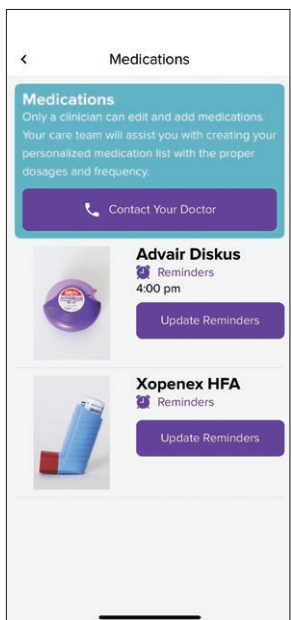
Paso 3

Vea su plan de acción para el asma creado por su proveedor.



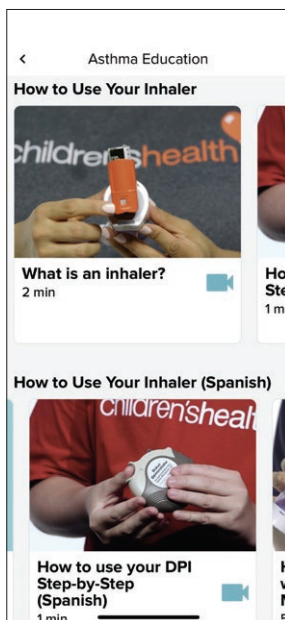
Paso 4

Vea sus medicamentos.



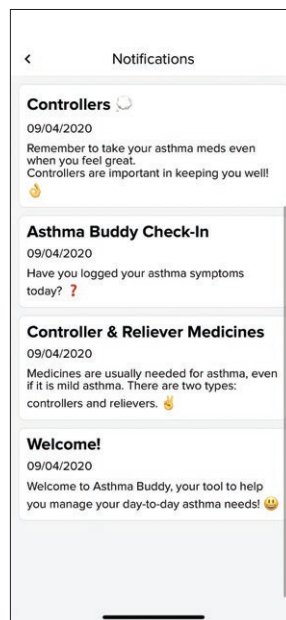
Paso 5

Obtenga información sobre el asma.



Paso 6

Lea sus notificaciones.



Descargue la aplicación Asthma Buddy de Children's Health.

Envíe "ASTHMA" "ASTHMA BUDDY" "ASMA" o "ASMA BUDDY" por mensaje de texto al 77-444



Es posible que se le cobren tarifas de mensajería y datos.

