

# Children's Health<sup>SM</sup> Plano Endocrinology Center

7601 Preston Road  
Plano, Texas 75024 469-303-2424

## Intensive Management Blood Glucose Log

|                      |   |
|----------------------|---|
| Name: _____          | Cell Phone #: _____   |
| Date of Birth: _____ | Home #: _____   |
| MR#: _____           | School Fax #: _____   |
| Doctor: _____        | <b>Please send log via MYCHART<br/>or Fax: 469-303-2406</b> |

Types of insulin: A=Apidra, H=Humalog, NV=Novolog, B=Basaglar, G=Lantus, T=Tresiba, dT=Levemir

Date: \_\_\_\_\_

|               | 3 a.m. | Bkfst | 2 hours after bkfst | Lunch | 2 hours after lunch | Snack | Dinner | 2 hours after dinner | Bedtime snack | 2 hours after snack | Midnight |
|---------------|--------|-------|---------------------|-------|---------------------|-------|--------|----------------------|---------------|---------------------|----------|
| Time          |        |       |                     |       |                     |       |        |                      |               |                     |          |
| BG            |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Carbs         |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Insulin dose  |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Ketone levels |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Comments:     |        |       |                     |       |                     |       |        |                      |               |                     |          |

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| Carbs         |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Insulin dose  |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Ketone levels |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Comments:     |        |       |                     |       |                     |       |        |                      |               |                     |          |

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| Carbs         |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Insulin dose  |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Ketone levels |        |       |                     |       |                     |       |        |                      |               |                     |          |
| Comments:     |        |       |                     |       |                     |       |        |                      |               |                     |          |