



Date

Dear Parent/Guardian,

Thank you for choosing Children's HealthSM for your child's medical care. In order to prepare you for your child's upcoming surgery/procedure, below you will find information about when and where the surgery will occur as well as important reminders about fasting and illness. If you have any questions, please do not hesitate to reach out to us at (214) 456-8018.

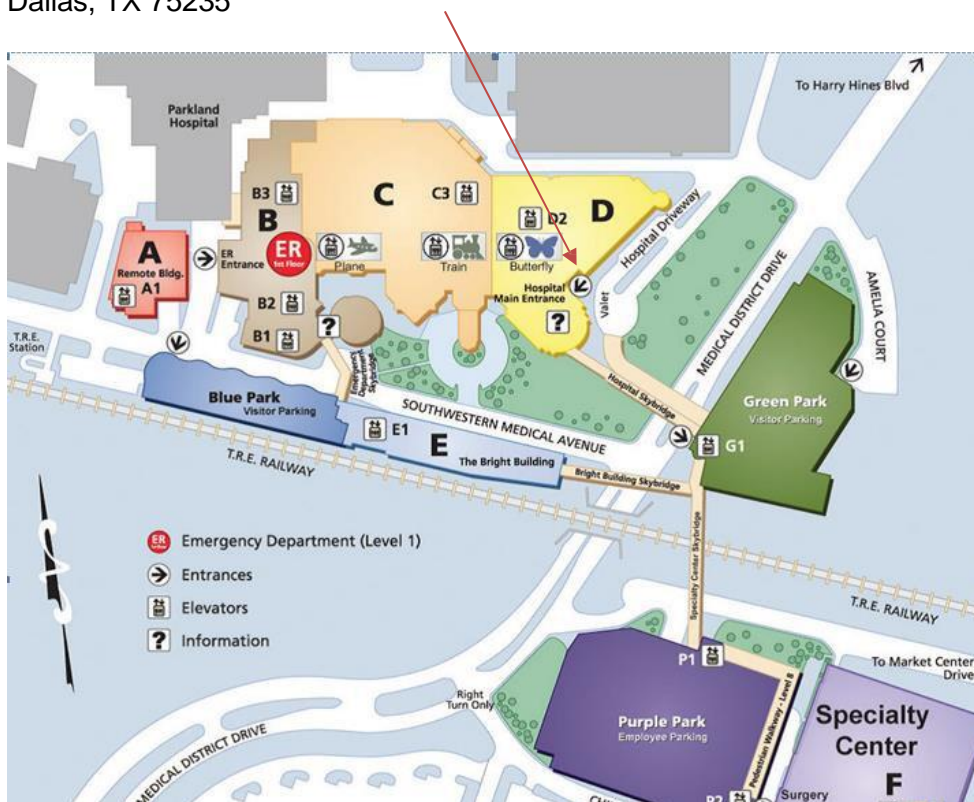
Surgery Date:

Day of the Week:

Arrival time:

Surgery Location:

Children's Medical Center (main hospital)
Tower C, Level 2
1935 Medical District Drive
Dallas, TX 75235



Parking:

Complimentary (free) valet parking is available for surgery patients and their families. Valet is located at the Children’s Medical Center Dallas main entrance, accessible on Medical District Drive.

Alternatively, paid parking is available in the Green Park garage, accessible on Medical District Drive. Once you’ve parked your car in the garage, take the elevator or stairs to the 1st Floor. Cross the sky bridge to reach the hospital. *This will take approximately 10 minutes.*

Checking-In:

Once you reach the main entrance, you must check-in and the patient must be admitted. You will need:

1. Photo I.D.
2. Insurance Card
3. Paperwork indicating legal guardianship, if applicable

For your child’s protection and the protection of other patients, please do not enter the hospital if you are ill and do not bring visitors under the age of 5. This is due to infection control/prevention policies.

Preparing Your Child for Surgery

Pre-Surgery Fasting:

To prevent aspiration under anesthesia and nausea post-surgery, you child may not eat or drink prior to surgery. For the safety of your child, we will cancel the surgery if your child eats or drinks after the times provided below.

NO Food Allowed After: _____(includes gum and candy)

NO Unclear Liquids Allowed After: _____(includes milk, juice, soda)

NO Breast Milk Allowed After: _____

NO Formula Allowed After: _____

NO Clear Liquids Allowed After: _____(includes water, Pedialyte®, Gatorade®, apple juice)

What to Bring:

- Bring your child dressed in comfortable clothing. Please leave jewelry and any valuables at home.
- If your child wears contact lenses, bring solution and a case.
- Pack a favorite blanket, pillow, toy or stuffed animal. Your child will be allowed to take this to surgery.
- If your child has a favorite bottle or cup, please bring it with you.
- Pack a pillow/blanket for the car ride home.

Illness Within 30 Days of Procedure:

For your child's safety, our policy requires that surgery be postponed if your child has had the following symptoms or diagnoses within 30 days of the procedure:

- Fever greater than 100
- Wheezing
- Diarrhea
- Vomiting
- Cough
- Known exposure to TB, measles, mumps, rubella, or chickenpox
- RSV
- Bronchiolitis
- Flu
- Upper Respiratory Infection

Please contact Children's Health if your child becomes ill at any time before the date of surgery. This notification gives you the opportunity to discuss whether your child's surgery/procedure needs to be rescheduled.

Gastroenterology clinic: 214-456-8000

Gastroenterology Lab: 214-456-8018

Again, we thank you for choosing Children's Health. It is our privilege to serve your family.