Pediatric Residency Program

Consider Your Future
Consider:

- the care you give is a reflection of who you are
- residency teaches you how to be a student for life
- your training extends to the entire community
- what you believe about yourself as a physician will evolve
- strangers can become family and a new city home
And yes, even some apprehension. These emotions are familiar to most medical students as they work through selecting a residency program. I remember those feelings well and, while it was an exciting time, I still recall the personal impact of the decision. It’s one that will shape your development as a physician, your career, your life. We feel the importance of this process, too, as we strive to thoughtfully select individuals each year to join our residency program.

At the University of Texas Southwestern Medical School, we partner with Children’s Health℠, which serves as our primary pediatric teaching facility. Through these two institutions, we’re able to offer residents the latest in medical research and education while providing the best possible care for the children who count on us. We consider several factors when we assess prospective residents, nationally competitive academic performance being just the start. We’re drawn to students with a passion and ability to care for a diverse North Texas population with complex and challenging clinical issues.

We believe teamwork and innovation lead to higher quality medical care and we consistently attract residents who believe likewise. We appreciate working with intelligent colleagues who have natural curiosity and the desire to learn, and – above all else – who manifest a profound commitment to improve society through service. In short, we’re looking for residents who can become the best physicians of their generation.

So consider this: If you’re looking for a residency that will challenge and develop you personally and professionally, celebrate your strengths and help you overcome shortcomings, and guide you toward your chosen career path, then ours may be the place for you. On the following pages, we’ve highlighted a selection of program features and principles that may interest you – from global health and child advocacy to tailored electives and meaningful research. These are just a start. If you’d like to learn more about our program, I invite you to call us or visit us online (information on back panel). I look forward to meeting you.

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The Pediatric Residency Training Program is sponsored by the University of Texas Southwestern Medical School in partnership with Children’s Health, Parkland Hospital, and multiple community partners.

A residency program’s strength is dependent on the intellectual rigor, creativity and compassion of its faculty. UT Southwestern is our residency program’s ACGME sponsoring institution, and it attracts and cultivates some of the best medical faculty, anywhere; including many of our most innovative graduates.

We believe that at a major academic training center like ours, residents should be working with faculty who question fundamental assumptions, and work to advance the current limits of medicine. UT Southwestern faculty – and our residents – function at the frontiers of modern medicine, helping to discover and apply new ways we can help children and society.

Children’s Health, the primary pediatric teaching facility for UT Southwestern, is devoted to the training of future generations of physicians through its participation in the Pediatric Residency Program. The hospital is one of the largest and most esteemed hospitals in the United States and has experienced phenomenal growth since its inception in 1913. As the only academic health care facility in North Texas dedicated exclusively to the comprehensive care of children, the hospital provides a unique opportunity for residents to receive training in a world-class academic center employing the latest developments in the diagnosis and treatment of the full spectrum of childhood disorders.

At the newly constructed Parkland Hospital, residents gain valuable experience in the state of the art Newborn Nursery and Neonatal Intensive Care Unit. With more than 10,000 births each year, our residents’ time spent in the delivery suites also provides excellent neonatal resuscitation experience.

We feel strongly that our residents’ service footprints extend beyond our hospital-based settings. Accordingly, we also have longitudinal engagements with children throughout our DFW metroplex. We seek out, and learn from, experts in a wide variety of different clinics and social service sites.

Program Highlights

- Accredited by the Accreditation Council for Graduate Medical Education
- Three-year program with variety and flexibility in training
- Schedules that include experiential training, didactic lectures, and tools to create an individualized curriculum
- Care for children and families from our diverse Metroplex of more than six million people as well as regional, national and international referral patients
- Strong mentoring program
- Protected time as senior residents for formal leadership and education training
- Intensive career development & guidance for a wide variety of post-residency plans
- Opportunities for meaningful scholarly work during training
- Social engagement and service to the community
- Support for a variety of alternative training pathways including: Combined Internal Medicine/Pediatrics Residency, Pediatric Neurology Residency, Neurodevelopmental Disabilities Residency, Physician Scientist Training Program in Pediatrics (PSTP2)
At our residency program, we’re acutely aware that we’re not just teaching medical knowledge. The truth is, much of the factual information taught in any residency program may become obsolete within ten years. Indeed, a physician relying exclusively on decade-old information is likely offering suboptimal care. Gaining critical thinking skills is among the most important aspects of a resident’s medical education. Our training program does this in several ways, including:

**Individualized Curriculum**

One of the strongest assets to our program is the diversity of our residents’ interests. In addition to the core curriculum designed to provide a sound foundation in general pediatrics, our program is invested in the Individualized Curriculum. Each resident’s individualized curriculum is determined by her or his learning needs and career plans and is developed with the guidance of a faculty mentor. The individualized curriculum focuses on providing experiences that will help each resident to be better prepared for the next step in her or his career after residency.

**Conferences**

We are committed to equipping physicians with critical thinking skills through hands-on experience. Conferences offer residents multiple opportunities each week to learn from faculty and each other. Interactive morning rounds, grand rounds, noon conferences and morbidity and mortality conferences give you the opportunity to integrate didactic teaching into the clinical setting.

**Electives Tailored For You, By You**

Your goals are as unique and diverse as you are. Our approach to electives gives you flexibility to build a curriculum that matches your personal and professional goals. Residents receive advice on how to create a cohesive plan that prepares them for the next step. In the past, residents have also participated in elective rotations at other sites such as The Hutchison Center, Rio Grande Valley, Sloan Kettering and Seattle Children’s.

Below is a sample of the more than 40 unique electives:

- Summer camps for children with diabetes, sickle cell anemia, inflammatory bowel disease and other illnesses
- Nutrition
- Dallas Global Health (designed to teach skills for an international elective)
- International electives
- Sports medicine
- Palliative Care
- Medical Education
- Low birth weight follow-up
- CVICU
- Cardiology Catheterization
- Medical Spanish (designed to improve medical Spanish skills for those with some proficiency)
Advocacy
Just as we work to develop residents into excellent clinicians, we work equally hard to give you the skills needed to be an effective child advocate for the rest of your career. Every resident in our program receives frontline advocacy and community health training as part of our core curriculum. The Community Pediatrics rotation is completed by every intern featuring training in legislative advocacy, community resources, and public health epidemiology. Our residents work with community partners, including domestic violence shelters, schools with drop-out prevention programs for pregnant teens, and The North Texas Food Bank. Our residents also have the unique opportunity to work closely with dedicated and innovative attorney colleagues via our Medical Legal Partnership.

Residents have pursued numerous advocacy-related initiatives during training spanning a wide range of topics including children’s health insurance, early literacy, healthy eating, housing insecurity, and food insecurity.

Quality Improvement
Each of our residents undergoes quality improvement training and has the opportunity to develop and be involved in hospital-wide quality improvement and patient safety initiatives. We have dedicated faculty to teach QI curriculum and engage in resident projects. Recent resident projects include “Know Your Provider,” a photo roster of providers generated for each team allowing patients and families to know who will be on their treatment team and a similar “Know Your Nurses” program with photos of the nurses on service each day. Residents led the implementation of the I-PASS handoff system and are actively involved in implementing a hospital-wide ‘watchers’ program. Through resident involvement on hospital committees, we have also been able to assist with multiple systems-based initiatives including improved and streamlined bronchiolitis care and reduced readmission rates through developing a new patient education system, overhauling the after visit summary, and rolling out targeted provider education.

Scholarly Projects
Prepare you for the future
Our scholarly projects allow residents to explore a topic or area and have sustained involvement and rigorous engagement to produce meaningful outcomes. The projects are resident driven and developed over the course of the entire three years of residency, satisfying the desire to complement day to day work with projects that have a longer maturation in time.

Current projects fall within the fields of Community Advocacy, Quality Improvement, Medical Education, Biomedical or Clinical Research and Global Health. All residents share their project in a poster symposium with peers and faculty at the end of their third year and are encouraged to present their project at local, state and national meetings.

RECENT PROJECTS INCLUDE:
• Utilized pediatric community clinics as a location and opportunity to improve voter registration
• Examined the correlation between immigration-related fear and food insecurity among households in residential communities (Colonias) near the Texas-Mexico border at Hidalgo County, Texas.
• Utilized CATCH grant to provide socioeconomically disadvantaged second graders at high risk for obesity with education about health topics on a longitudinal basis.
• Examined the intracellular mechanisms of heart failure with preserved ejection fraction.
• Investigated a FGF23 knockout mouse model to examine the relationship between elevated FGF23 and left ventricular hypertrophy.

International rotation in Guinea
Research

UT Southwestern and Children’s Health provide you with a gateway to a wealth of biomedical and clinical research projects. As a resident, you can access these projects as part of dedicated research electives and via the American Board of Pediatrics’ approved pediatric special training pathways. Our residents have won national research awards, and in recent years several projects have been published in some of the nation’s top medical journals.

Global Health

As our world becomes more globalized, a growing number of residents are interested in serving in other countries. Our residency program trains physicians to care for all pediatric patient populations, whether here in Dallas or across the globe. Courtney Baldridge, M.D. a former resident and hospitalist at UTSW co-founded the Dallas Global Health Education Program. “The program is empowering and a great learning experience,” said Dr. Baldridge. “We have a unique opportunity to connect with people in other countries and it makes us realize what a privilege it is to have access to quality health care.” Residents are encouraged to rotate at established partnership sites around the world, continue relationships they have built prior to residency, or explore experiences in new locations. In addition to clinical experiences, residents have built sustainable projects by partnering with local institutions and contributing to large outreach initiatives such as Helping Babies Breathe, Baylor International Pediatric AIDS Initiative, and Mercy Ships. Recent resident-driven projects include providing education on acute pediatric illnesses to local community health workers, building a developmental screening and well-child care program, educating families on trauma prevention, and teaching midwives about neonatal care.

Residents also have the opportunity to participate in the multidisciplinary Dallas Global Health Elective. The program includes hands-on training in microbiology, pharmacy, respiratory therapy, nursing skills, and simulations with experienced faculty in ethics, disaster management and public health. These experiences are coupled with online modules by our top teaching faculty on topics such as HIV, malnutrition and neglected tropical diseases, among many others.
The clinic experience in our program gives residents a unique opportunity to provide primary care to patients in a variety of communities. Residents are assigned to a clinic site where they care for patients and are supervised by board-certified pediatricians who provide role modeling and expertise in primary care. During the course of their training, residents are able to build a patient base allowing them to learn growth and development by observing their patients over time.

**CLINIC OPPORTUNITIES**

- **Children’s Health Pediatric Group.** Multiple primary care offices located throughout the DFW Metroplex. Part of the Children’s Health organization and closely affiliated with Children’s Health hospitals and subspecialty clinics.

- **Parkland Community Oriented Primary Care.** A network of clinics located throughout Dallas serving as the public county health system and affiliated with Parkland Hospital.

- **Federally Qualified Health Centers.** Los Barrios Unidos Community Clinic, located in West Dallas, cares for a largely uninsured population, the majority of which are children under age 18.

- **Multiple community partners.** With offices located throughout the Greater Dallas area, our partner practices provide vibrant private pediatric office experiences.
As the fourth-largest metropolitan area in the country, the Dallas-Fort Worth region is a modern, diverse, vibrant, and rapidly growing area. The region offers a high standard of living at an affordable price with something for everybody. Whether you prefer living in a dense, urban, walkable neighborhood or a quieter locale with room for a spacious home and a yard, you will be able to find something for you within easy range of work.

The greater Dallas area has a thriving dining scene with authentic restaurants and grocery stores from many different cultures, world class fine arts encompassing the symphony, opera, and many museums, professional and collegiate teams from every major sport with a passionate following, and numerous parks, trails, and lakes to feed your wild side. As the site of many major corporate headquarters, as well as a burgeoning start-up scene, Dallas is home to an ever-growing population of young and creative professionals. Pay us a visit and you may be surprised to learn what a unique and exciting place this is to live.

Our residency program prides itself on being a tightly knit group who serve as friends and family when away from home. The program hosts many events in an effort to reinforce these relationships and provide opportunities for fun and relaxation. Some of the events include the Intern Welcome Picnic, the annual faculty versus resident softball game and the graduation dinner. Our program has a strong sense of teamwork which translates easily into camaraderie outside of the hospital. In many ways, residents form their own mutually supportive community. As one third-year resident said, “Getting away from work helps us recharge and appreciate what we’re doing at the hospital. But we still seek each other out away from work because we’ve created these great friendships. We’re like family.”
Recent Fellowship Matches and Attending Practice Locales

Academic Pediatrics
- Robert Wood Johnson Clinical Scholars Program, University of Pennsylvania

Allergy and Immunology
- National Institutes of Health
- National Jewish Health, University of Colorado
- University of Mississippi
- Children's Medical Center Dallas, UT Southwestern Medical Center
- Wayne State University
- Yale-New Haven Medical Center, Yale School of Medicine

Cardiology
- Boston Children's Hospital, Harvard University
- Children's Medical Center Dallas, UT Southwestern
- Children's Healthcare of Atlanta, Emory University
- Children's Hospital of Philadelphia, University of Pennsylvania
- Children's National Health System, George Washington University
- CS Mott Children's Hospital, University of Michigan
- Lurie Children's Hospital, Northwestern University
- Nicklaus Children's Hospital, Miami Children's Health System

Child Abuse Protection
- Children's Medical Center Dallas, UT Southwestern
- Texas Children's Hospital, Baylor College of Medicine

Critical Care
- Children's Medical Center Dallas, UT Southwestern
- Children's Hospital Colorado, University of Colorado School of Medicine
- Johns Hopkins Hospital
- Mayo Clinic Children's Center
- New York Presbyterian Hospital, Weill Cornell Medical Center
- Phoenix Children's Hospital

Developmental-Behavioral Peds
- Baylor University Medical Center, Baylor College of Medicine

Emergency Medicine
- Children's Medical Center Dallas, UT Southwestern
- Children's Hospital Colorado, University of Colorado

Endocrinology
- Boston Children's Hospital, Harvard University
- Children's Medical Center Dallas, UT Southwestern
- Children's Hospital Colorado, University of Colorado
- Children's Hospital of Philadelphia, University of Pennsylvania
- Texas Children's Hospital, Baylor College of Medicine

Gastroenterology
- Children's Medical Center Dallas, UT Southwestern
- Children's Hospital Colorado, University of Colorado
- Children's Hospital of Pittsburgh, UPMC
- Texas Children's Hospital, Baylor College of Medicine

General Outpatient Pediatrics
- California: Oakland, Victorville
- Idaho: Couer d'Alene (FQHC)
- Louisiana: Gonzales
- Maryland: Gaithersburg
- Minnesota: Wyoming
- Nevada: Las Vegas
- New Hampshire: Hanover
- New York: New York City
- North Carolina: Winston-Salem
- Ohio: Mansfield
- Oklahoma: Oklahoma City (Indian Health Service)
- Pennsylvania: Philadelphia
- Texas: Austin, Brownsville, Corpus Christi, Dallas, Flower Mound, Highland Village, Houston, San Antonio (FQHC), Plano
- Washington, DC

Hematology-Oncology
- Children's Medical Center Dallas, UT Southwestern
- Children's Hospital Colorado, University of Colorado
- Children's Hospital Los Angeles, Keck School of Medicine at the University of Southern California
- Children's Hospital of New Orleans, LSU Health Sciences Center
- Comer Children's Hospital, The University of Chicago
- CS Mott Children's Hospital, University of Michigan
- Hadassah Medical Center, Jerusalem, Israel
- Johns Hopkins University
- Lucile Packard Children's Hospital, Stanford University
- Lurie Children's, Northwestern University Feinberg School of Medicine
- Memorial Sloan Kettering Cancer Center
- Nationwide Children's Hospital
- Seattle Children's Hospital, University of Washington
- St. Jude Children's Research Hospital
- Texas Children's Hospital, Baylor College of Medicine

Hospitalist Medicine
- Cardon Children's Medical Center, Banner Desert Medical Center
- Children's Medical Center Dallas, UT Southwestern
- Henry Ford Hospital
- Johns Hopkins All Children's Hospital
- Lawrence + Memorial Hospital, Yale New Haven Health
- Mission Children's Hospital
- Penn State Children's Hospital
- Wesley Children's Hospital, KU School of Medicine-Wichita

Infectious Diseases
- Children's Medical Center Dallas, UT Southwestern
- Children's Hospital of Philadelphia, University of Pennsylvania
- Texas Children's Hospital, Baylor College of Medicine
- Yale-New Haven Children's Hospital, Yale School of Medicine

Medical Informatics
- Boston Children's Hospital, Harvard Medical School

Neonatal-Perinatal Medicine
- Boston Children's Hospital, Harvard University
Fellowship
Outpatient Medicine
Inpatient Medicine

- Comer Children’s Hospital, The University of Chicago
- Children’s Medical Center Dallas, UT Southwestern
- Children’s Hospital of New Orleans, Louisiana State University
- Doernbecher Children’s Hospital, Oregon Health & Science University
- Hasbro Children’s Hospital, Alpert Medical School of Brown University
- Intermountain Medical Center, University of Utah
- Lurie Children’s, Northwestern University Feinberg School of Medicine
- Monroe Carell Jr. Children’s Hospital, Vanderbilt University
- Parkland Hospital, UT Southwestern
- Seattle Children’s Hospital, University of Washington
- St. Louis Children’s Hospital, Washington University
- Texas Children’s Hospital, Baylor College of Medicine
- Yale-New Haven Children’s Hospital, Yale School of Medicine

- Nephrology
  - Children’s Medical Center Dallas, UT Southwestern

- Neurology / Neurodevelopmental Disorders
  - Children’s Medical Center Dallas, UT Southwestern

- Newborn Nursery
  - Parkland Memorial Hospital/Clements, UT Southwestern

- NICU
  - Baylor University Medical Center, Baylor College of Medicine
  - Children’s Medical Center Dallas, UT Southwestern
  - UC Irvine Medical Center, University of California, Irvine

- Pediatrics Residency
  - Children’s Medical Center Dallas, UT Southwestern

- PICU
  - Children’s Medical Center Dallas, UT Southwestern
  - Boston Children’s Hospital, Harvard Medical School
  - St. Louis Children’s Hospital, Washington University

- Psychiatry
  - Children’s Hospital of Philadelphia, University of Pennsylvania

- Pulmonology
  - Boston Children’s, Harvard Medical School
  - Children’s Medical Center Dallas, UT Southwestern
  - Children’s Hospital Colorado, University of Colorado School of Medicine
  - Duke Children’s Hospital, Duke University School of Medicine
  - St. Louis Children’s Hospital, Washington University
  - Texas Children’s Hospital, Baylor College of Medicine

- Rheumatology
  - Children’s Medical Center Dallas, UT Southwestern
  - Lucile Packard Children’s Hospital, Stanford University
  - Texas Children’s Hospital, Baylor College of Medicine

- Sports Medicine
  - Boston Children’s Hospital, Harvard University
Children’s Health℠ is growing and the same nationally renowned pediatric care provided by Children’s Medical Center for over 100 years is making a difference in more places than ever before. With two full-service hospitals, multiple specialty centers and nearly 20 primary care practices we are able to provide an expanded breadth of care and meet patients where they are. Through the Children’s Health system, young patients and their families are receiving the highest level of care and treatment across North Texas.

Children’s Health offers more than 50 pediatric specialty and subspecialty programs ranging from simple eye exams to specialized treatment in areas such as heart disease, endocrinology, hematology-oncology, and cystic fibrosis.

Our mission at Children’s Health has always been to make life better for children. We have a long-standing commitment to our community that includes advocacy, education and preventive care, as well as making sure that all children are insured. We are proud to dedicate ourselves to this cause and invite you to join our mission.