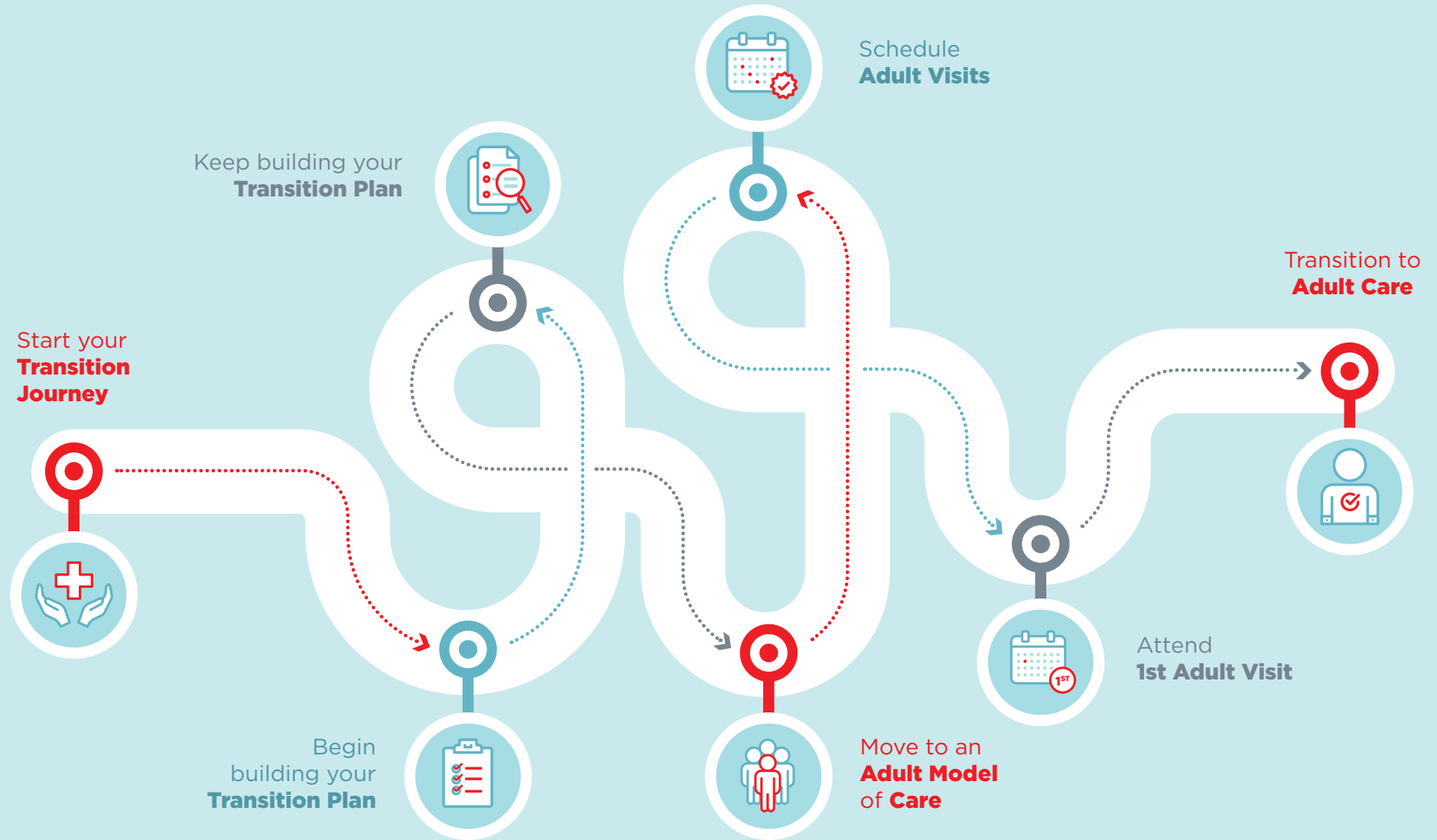


Your journey to Health Care Transition



Your journey to Health Care Transition

Transition Starts



Transition Planning



Transition Planning



Adult Model of Care



Transfer to Adult Doctor



Transfer to Adult Doctor



Transition to Adult Care



Start your Transition Journey

When it is time, you will work with your care teams to start your health care transition journey.

- You will talk about:
 - What to expect during your transition.
 - How to build a plan for transition.
 - What age you will transition to adult doctors.
 - Sign up for MyChart to get access to your medical records.



Begin Building your Transition Plan

Your care teams will give you tools to:

- Learn about your medical condition, medicines and wellness.
- Decide who will be making your medical decisions after age 18 and if legal tools will be needed.
- Plan for your future: school, work and living situations.



Keep Building your Transition Plan

As you build your transition plan, we will give you tools to:

- Practice skills to help you manage your health.
- Make medical decisions and have legal tools in place before you turn age 18.
- Make goals for your future.
- Learn about health insurance and decide how you will pay for health care in the future.
- Find new adult doctors.



Move to an Adult Model of Care

- At the age of 18, start making your own medical decisions. You are now a legal adult.
 - Care teams will ask you to sign consents. This gives permission for medical treatment.
 - Care teams will ask you to sign a permission form. This tells us who we can share your personal health information with.
- *These do not apply if another medical decision-making option or legal tool is in place.



Schedule Adult Visits

- Tell us when you have found new adult doctors. We can send a referral and copy of your medical records.
- Ask for a medical summary to give to your new adult doctors.
- Call your new doctors to schedule or confirm your upcoming visit.



Attend 1st Adult Visit

- Be ready to complete "new patient" forms, sign consents and bring copies of medical decision-making and legal tools with you.
- Talk to your new care teams and ask questions.
- Understand your care plan and any updates or changes to your care.
- Make follow-up appointments, if your doctors tell you to.



Transition to Adult Care

- Fully transfer your care to your adult doctor.
- Continue visits to new adult doctors as needed.



Scan the QR code to visit our website
and learn more about transitioning to adult care.