

CONTROLLER MEDICINE



TAKE EVERY DAY

Medicine SYMBICORT HFA

- Strengths: 2
- Doses: 120
- Number of priming sprays: 2
- Repeat prime with 2 sprays if more than 7 days since last used
- Use with a holding chamber or spacer
- Shake inhaler for five seconds
- For chamber with mouthpiece:
 - Exhale, place mouthpiece in mouth, spray inhaler into chamber and then inhale for five seconds
 - Hold breath for 10 seconds
- For chamber with mask:
 - Spray inhaler into chamber
 - Take 6 breaths with mask over mouth and nose
- Rinse mouth with water after each dose
- Spit the water out
- Wipe inside and outside of the mouthpiece with dry cloth weekly