

RELIEVER MEDICINE



**TAKE AS NEEDED FOR
ASTHMA SYMPTOMS**

Medicine **XOPENEX HFA**

- Strengths: 1
- Doses: 200
- Number of priming sprays: 4
- Repeat prime with 4 sprays if more than 3 days since last use
- Use with a holding chamber or spacer
- Shake inhaler for five seconds
- For chamber with mouthpiece:
 - Exhale, place mouthpiece in mouth, spray inhaler into chamber and then inhale for five seconds
 - Hold breath for 10 seconds
- For chamber with mask:
 - Spray inhaler into chamber
 - Take 6 breaths with mask over mouth and nose
 - Wait one minute before taking second puff
- Clean plastic case weekly with running water for 30 seconds
- Dry overnight