

Individualized Curriculum

Zachary Most, MD

UTSW Residency Class of 2018

Early career interests: Infectious Diseases, Research



Electives

Infectious Diseases Inpatient Consult Service: Gained exposure to a wide spectrum of infectious diseases in hospitalized patients, sharpened exposure history taking skills, recommended and followed up on a variety of diagnostic modalities, proposed treatment options, duration, and follow-up. Presented at weekly ID conference meetings.

Ambulatory Infectious Diseases Clinic: Followed patients in an outpatient clinic setting for post-discharge care and monitoring. Spent time in dedicated HIV clinic following disease markers and medications.

Research: Dedicated time to scholarly research projects with guidance of infectious disease faculty. Included time for IRB proposal submission, review of electronic medical records, analysis of data, development of poster presentation, and write-up of findings for submission.

Rheumatology: Trained with Rheumatology faculty in the clinical recognition of pediatric rheumatologic disorders and management. Special emphasis on identifying systemic febrile rheumatologic disorders and differentiating them from infectious diseases. Specific attention to detailed musculoskeletal / joint exam.

Custom Ethics Elective: Designed a medical ethics elective based on background in philosophy, ethics, and humanities cultivated during undergraduate and medical school training.

Scholarly Work

Poster Presentation (PAS 2017): **Cytomegalovirus Infection as a Cause of Fever and Morbidity among Pediatric Cancer Patients Receiving Chemotherapy without Hematopoietic Stem Cell Transplantation.**

Ongoing Scholarly Work: **Implementing HIV Screening of Adolescents in the ED.**

Post-Residency Career: Applying for Pediatric Infectious Diseases Fellowship