

# RELIEVER MEDICINE



**TAKE AS NEEDED FOR  
ASTHMA SYMPTOMS**

## Medicine PROAIR HFA

- Strengths: 1
- Doses: 200
- Number of priming sprays: 3
- Repeat prime with 3 sprays if more than 14 days since last use
- Use with a holding chamber or spacer
- Shake inhaler for five seconds
- For chamber with mouthpiece:
  - Exhale, place mouthpiece in mouth, spray inhaler into chamber and then inhale for five seconds
  - Hold breath for 10 seconds
- For chamber with mask:
  - Spray inhaler into chamber
  - Take 6 breaths with mask over mouth and nose
  - Wait one minute before taking second puff
- Clean plastic case weekly with running water for 30 seconds
- Dry overnight