

Transitioning to Adult Care: Understanding Your Health Insurance Card.

It is important that you look over and understand your health insurance card when moving to adult care.

This will help you:

- Set up visits with your doctors.
- Complete your forms when checking in for visits.
- Know how much your health insurance will pay for your visit.
- Know how much you may need to pay for your visit.
- Have the phone number and website of your health insurance plan.

Below are the important parts of your health insurance card:

- Name of insurance company
- Member number - an individual number that stands for the subscriber. This may also be called subscriber ID, insured ID, or policy number.
- Covered family members
- Subscriber-name of person who holds the insurance. May also be called member, policyholder, enrollee, or insured.
- Group number- an individual number for a group. May also be called plan number or account number.
- Prescription drug information - information for medicine-a pharmacy will need this information to fill medicines.
- Provider network
- Copay for doctor visit
- Phone number and website address to insurance company. This is usually on the back of the insurance card.

As an adult, you should:

- Carry your health insurance card with you.
- Carry your insurance cards for prescriptions, dental, and vision coverage, if they are separate from your health insurance card.
- Visit your health insurance website and review your benefit information.
- Call your health insurance plan when your address or phone number changes.
- Call your health insurance company if you have any questions about your health insurance plan.

Example of a health insurance card:

Front of card



Member number → **Member ID: 072244791**

Covered family members → **Member: LIBBY SAMPLE 00 MED**
Dependents: SPOUSE SAMPLE 01 MED

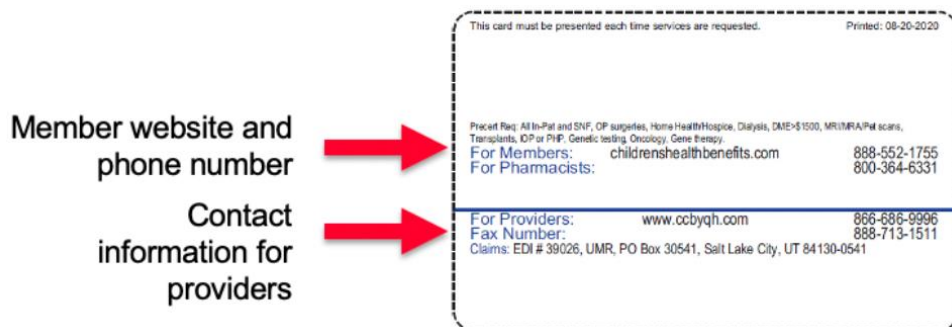
Group number ← **Group Number: 76-414479**

Prescription drug information ← **CVS caremark**
Rx BIN: 004336
Rx PCN: ADV
Rx GRP: RX7337

Provider network ← **UnitedHealthcare**
Choice Plus Network

Additional text on front of card:
 UMR A UnitedHealthcare Company
 Issuer (80840) 911-39026-02
 children'shealth MyQHealth by QUANTUM HEALTH
 In-Network: \$1500 Ded, 20% coinsurance
 Out-of-Network: \$3000 Ded, 50% coinsurance
 ER & Urgent Care: 20% after deductible
 5010 Self-funded plan administered by UMR

Back of card



Member website and phone number → **For Members: childrenshealthbenefits.com 888-552-1755**
For Pharmacists: 800-364-6331

Contact information for providers → **For Providers: www.ccbqhq.com 866-686-9996**
Fax Number: 888-713-1511

Additional text on back of card:
 This card must be presented each time services are requested. Printed: 08-20-2020
 Precert Req: All In-Pat and SNF, OP surgeries, Home Health/Hospice, Dialysis, DME-S1500, MR/IMRA/Pat scans, Transplants, IOP or PIP, Genetic testing, Oncology, Gene therapy
 Claims: EDI # 39026, UMR, PO Box 30541, Salt Lake City, UT 84130-0541