

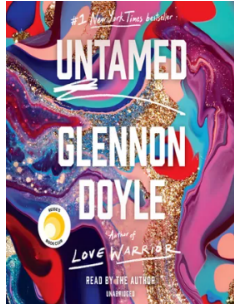
Check Out Our Collections!



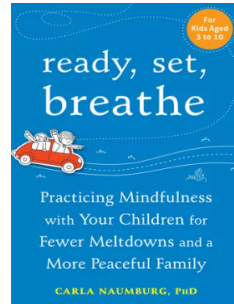
The Family Resource Library is continuing to add new titles to our virtual library - see what's new!

Email fri.libraries@childrens.com to set up your free OverDrive account

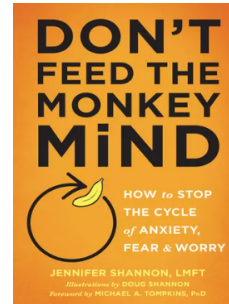
Personal Growth



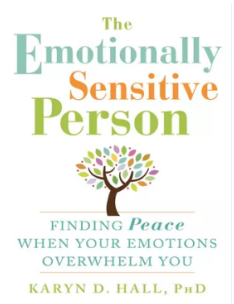
Untamed
by Glennon Doyle



Ready, Set, Breathe
by Carla Naumburg

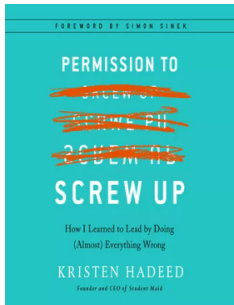


Don't Feed the Monkey Mind
How to Stop the Cycle of Anxiety, Fear, and Worry
by Jennifer Shannon

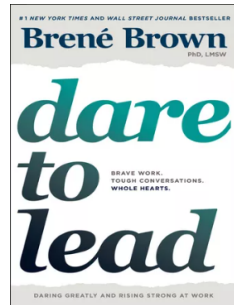


The Emotionally Sensitive Person
FINDING Peace WHEN YOUR EMOTIONS OVERWHELM YOU
by Karyn D. Hall

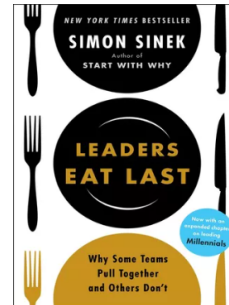
Leadership



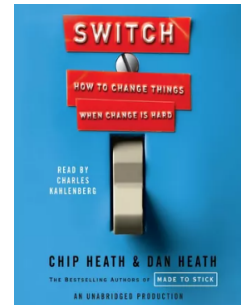
Permission to Screw Up
by Kristen Hadeed



Dare to Lead
by Brené Brown

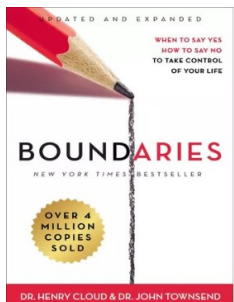


Leaders Eat Last
by Simon Sinek

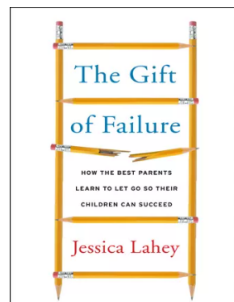


Switch
How to Change Things When Change is Hard
by Chip Heath & Dan Heath

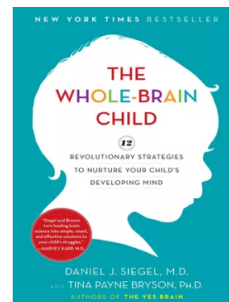
Family & Relationships



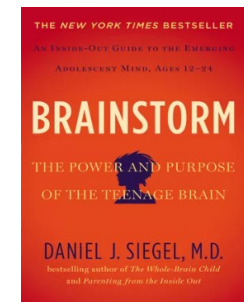
Boundaries
When to Say Yes, How to Say No to Take Control of Your Life
by Henry Cloud & John Townsend



The Gift of Failure
How the Best Parents Learn to Let Go So Their Children Can Succeed
by Jessica Lahey



The Whole-Brain Child
by Daniel J. Siegel & Tina Payne Bryson



Brainstorm
The Power and Purpose of the Teenage Brain
by Daniel J. Siegel MD