

Balloon Notes

Transferring Your Care



Let your Children's Health team know when you find a new adult doctor. We will call them, so they are ready to see you at your first visit.

We will send them

- a copy of your medical record
- your medical history (a list of your health problems and treatments)
- a list of your medicines
- labs

Your next steps:

Schedule and go to your last visit with your Children's Health doctor.	<ul style="list-style-type: none">- Check that your information was sent to your new adult doctor. (You may have to sign a release form allows your doctor to share your information).- Ask your medical team any questions you have about transferring to your new adult doctor.- Ask for a copy of your medical record to share with your adult doctor.- Make sure you have enough medicine to last until your first adult doctor visit.- Ask who to call if you have any questions between your last visit and your first adult doctor visit.- Ask what to do if there is an emergency and who to call.
Schedule visit with your new adult doctor.	<ul style="list-style-type: none">- After your medical team has sent your information to your new adult doctor, ask if they will schedule your visit or if you will need to schedule.- If you are scheduling your own visit, make note of the day and time.- Make sure they take your health insurance.- Ask how much you will need to pay at your visit.- Bring a list of your current medicines, how much you take and how often you take them
Go to your first visit with the new adult doctor.	<ul style="list-style-type: none">- Get there 10-15 minutes before your visit time.- Have your health insurance card and ID with you.- Fill out any paperwork that is given to you.
After your first visit with your new adult doctor, make sure to do anything they ask.	<ul style="list-style-type: none">- Sign up for patient portal.- Refill your medicine, if needed.- Get labs, if needed.- Tell Children's Health medical team you have seen your adult doctor and have transferred your care.