Texas and North Texas Asthma Statistics and Facts

The Texas Department of State Health Services oversees and tracks asthma in the state. The 2014 report is not yet; the following is the latest available (2011) information:

- Nationally, an estimated 7.1 million children have asthma
- Annual costs for asthma in the U.S. reach $56 billion
- In Texas, approximately 556,000 children have asthma
- Asthma is one of the most common chronic (long-term) diseases in childhood

According to the Texas Behavioral Risk Factor Surveillance System, 2011 (TDSHS):

- Asthma is more common among older children than younger children, yet the rate of asthma hospitalization is much higher among young children
- Asthma hospitalization rates among non-Hispanic black children were significantly higher than other race/ethnic groups in in Public Health Region 3 (PHR3: North Texas) and Texas
- Childhood asthma hospitalization rates were higher among boys and younger children in PHR 3 and Texas
- Most children with asthma have missed school because of their asthma
- Dallas County has the highest number of child asthma hospitalization in PHR 3 and one of the highest child hospitalization rates for asthma
- Among children age 0-17, 9,280 asthma-related hospitalizations were reported in 2011
  - 45% of child asthma hospitalizations occurred among children 0-4 years
- Total charges for pediatric asthma hospitalizations in 2011
  - Texas: $172.9 million
  - PHR 3: $53.9 million
  - Dallas County: $32 million
- Mortality rates per 100,000 for asthma among children (2006-2011)
  - Texas: 89 deaths
  - PHR 3: 29 deaths
  - Dallas County: 12 deaths
- Prevalence of current asthma among children is higher in boys than girls
  - Texas: 11.2% boys vs. 8.9% girls
  - PHR 3: 8.6% boys vs. 7.4% girls
Texas and North Texas Asthma Statistics and Facts, contd.

- Prevalence of current asthma among children by race
  - Texas
    - 8.2% white
    - 6.6% Hispanic
    - 11.7% African American
    - 7.1% other
  - PHR 3:
    - 11.7% white
    - 7.3% Hispanic
    - (no other races defined)

- Prevalence of current asthma among children by age
  - Texas:
    - 0-4: 5.3
    - 5-9: 10.3
    - 10-14: 8.6
    - 15-17: 9.4
  - PHR 3:
    - 0-4: 5.4
    - 5-9: 13.1
    - 10-14: 10.3
    - 15-17: 15.9

- Number of school days missed (Texas)
  - 1-3 days: 29.6
  - 4-6 days: 14.8
  - 7-10 days: 3.5
  - 11+ days: 6.5

- Among children with current asthma, the prevalence of visiting a doctor or other health professional for routine checkup for asthma over a 12 month period:
  - 1-2 times: 44.8
  - 3-4 times: 18.8
  - 5-6 times: 4.4
  - 7+ times: 2.8

SOURCE: Children’s Medical Center Dallas (2013)

At Children’s Medical Center
- 1,631 children hospitalized with asthma in 2013, of which 48 were readmitted (2.9%)
- 5,157 asthma-related visits to the emergency department