

Asthma Medicines

Be sure to follow the Asthma Action Plan that your doctor or other health care provider gives you. The Asthma Action Plan tells you what medicines to take and when to take them.

There are two kinds of Asthma medicines:

Controller Asthma medicines:

- Your child uses this medicine every day, even when they do not have asthma symptoms.
- Controller medicines keep your child's asthma under control. They keep your child's airways (breathing tubes) from swelling.



Advair HFA



Advair Diskus



Alvesco



Asmanex



Dulera

Liquids used in a nebulizer

- Pulmicort Respules

Medicine taken by mouth

- Singulair Tablets
- Singulair Granules



Flovent HFA



Flovent Diskus



Pulmicort



Q-var



Symbicort

Asthma Reliever medicines (sometimes called Rescue medicines):

- These medicines help your child when they are having asthma symptoms.
- Your child should take the reliever medicine with them everywhere each place they go. This means taking the reliever to school, home, playtime, birthday parties, other people's homes and so on.
- Give your child this medicine if you see any asthma symptoms like coughing, wheezing or trouble breathing. Using the reliever early might stop a more severe asthma attack. Do not wait until your child must be "rescued" to use this medicine.



Pro-Air



Proventil



Ventolin



Pro-Air Respiclick



Xopenex

Liquids used in a nebulizer

- Albuterol
- Xopenex

If your child needs the reliever medicine for symptoms more than two times a week during the day or more than two times a month at night, your child's asthma is not under control. Call your health care provider.