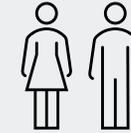


Lifetime Timeline Overview

Anorectal Malformations

Colorectal and Pelvic Center (CPC)



0 - 1
Years

Medical/Surgical Care:

- Surgical procedures
- Anal dilations
- Regular clinic visits
- Constipation prevention

Social Work:

- Offer resources for financial assistance
- Support groups
- Early Childhood Intervention (ECI)

Nutrition:

- 4-6 mos. – start solid foods: oatmeal cereal, fruits and vegetables
- 12 mos. – start cow's milk

2 - 3
Years

Medical/Surgical Care:

- Constipation prevention and treatment
- Regular clinic visits

Social Work:

- Offer resources for financial assistance
- Support groups
- Early Childhood Intervention (ECI)

Nutrition:

- Scheduled meals 3x/day
- Do not allow grazing
- Fruits and vegetables

Self-Care:

- Give appropriate choices

4 - 5
Years

Medical/Surgical Care:

- Constipation prevention and treatment
- Toilet training
- Regular clinic visits
- Bowel Management Week*

Social Work:

- School readiness: IEP/ accommodations, 504b
- Support groups

Nutrition:

- Good eating habits
- High fiber foods

Self-Care:

- Allow child to help with chores and personal care

5 - 10
Years

Medical/Surgical Care:

- Bowel management
- Discuss ACE (Antegrade Contenance Enema)
- Annual clinic visits

Social Work:

- School needs
- Assess friend relationships
- Support groups

Nutrition:

- Good eating habits
- High fiber foods

Self-Care:

- Allow child to help with chores and personal care

11 - 17
Years

Medical/Surgical Care:

- Bowel management
- Annual clinic visits
- Menstrual/reproductive health assessment

Social Work:

- School needs
- Start transition process to adult care doctors
- Support groups

Nutrition:

- Good eating habits
- High fiber foods

Self-Care:

- Understand health care needs
- Participate in managing own care and appointments

18 +
Years

Medical/Surgical Care:

- Bowel management

Social Work:

- Independence: college, work
- Transition to adult care doctors
- Support groups

Nutrition:

- Good eating habits
- High fiber foods

Self-Care:

- Independent self-care

* Bowel Management Week – 8-day outpatient program to help toilet train kids struggling with constipation and/or incontinence. See additional guide for information.