

Psychiatric & Behavioral Support for Children with Intellectual Disabilities

Both medication management and behavioral modification programs, such as Applied Behavior Analysis (ABA), can be helpful in addressing behavioral issues of individuals with Intellectual Disabilities. In addition to seeking these services from professionals in the community, you will also want to work with your child's school in order to coordinate behavioral modification programs.

The Child Study Center (CSC)

- **817-336-8611**
- www.cscfw.org
- Accepts commercial insurance, Medicaid, CHIP; also charges fees based on a sliding scale.
- The Child Study Center (CSC) provides children with complex developmental & behavioral disabilities diagnosis, treatment, & education, in order to help them achieve their full potential.
- The Child Study Center is a multi-purpose facility that offers a wide variety of clinical services all under one roof, such as the following: developmental pediatric evaluation, diagnosis, & treatment; psychological evaluation; medication management; applied behavior analysis; and behavior management for parents.

The Center for Autism and Developmental Disabilities

- <https://www.childrens.com/specialties-services/specialty-centers-and-programs/autism-and-developmental-disabilities>
- [214-648-0102](tel:214-648-0102)
- Has a psychiatrist who can help with medication management; accepts private health insurance plans (call to see which plans) and private pay but usually doesn't accept Medicaid.

Local Mental Health Authorities (LMHAs)

- Community mental health centers, also referred to as Local Mental Health Authorities (LMHAs) provide services to a specific geographic area of the state, called the local service area. The Texas Department of State Health Services requires each authority to plan, develop policy, coordinate and allocate and develop resources for mental health services in the local service area. TX Department of State Health Services contracts with 39 Community Mental Health Centers and NorthSTAR to deliver mental health services in communities across Texas.
- Local Mental Health Authorities provide different types of services, namely behavioral & psychiatric services and services for individuals with intellectual & developmental disabilities.
- Provides psychiatric evaluation, diagnosis & medication management
- Following is a link to Local Mental Health Authorities (LMHA) in your area: <https://www.dshs.state.tx.us/mhsa/lmha-list/>.

Following are some of the LMHAs in Texas:

Dallas County is Dallas Metrocare:

Behavioral and Psychiatric Services

- <http://www.metrocareservices.org/Our-Services/Child-and-Adolescent.aspx>
- For an initial appointment, you have to “walk-in” in the morning to one of these four locations. They will try to fit you-in for an appointment that same day, but this isn’t a certainty and they therefore may have to schedule your appointment another day.
- Following are the 4 locations where you can “walk-in”. **Call ahead of time in order to learn what you need to bring & the time of the “walk-in” as it may vary per location.**
 - [214-331-0107 – 1353 North Westmoreland](http://www.metrocareservices.org/Our-Services/Child-and-Adolescent.aspx)
 - [214-275-7393 – 4645 Samuel Blvd.](http://www.metrocareservices.org/Our-Services/Child-and-Adolescent.aspx)
 - [214-743-6188 – 1340 River Bend Drive](http://www.metrocareservices.org/Our-Services/Child-and-Adolescent.aspx)
 - [214-330-2488 – 832 South Carrier, Grand Prairie](http://www.metrocareservices.org/Our-Services/Child-and-Adolescent.aspx)

Intellectual and Developmental Disabilities Located in CL-240|Office: 214-456-2300|Fax:214-456-2847

- [214-333-7000](http://www.metrocareservices.org/Our-Services/Child-and-Adolescent.aspx)
- 1330 River Bend Drive
- <http://www.metrocareservices.org/Our-Services/Mental-Retardation-Authority.aspx>
- Call 214-333-7000 to speak with Eligibility Determination Unit staff who will conduct and screening and then move forward with scheduling an appointment if you meet the criteria.

The Center for Children with Autism at Metrocare Services (CCAM)

- [214-333-7076](http://www.metrocareservices.org/Our-Services/Child-and-Adolescent.aspx); Pathways Center – 1380 River Bend Drive
- <http://www.metrocareservices.org/Our-Services/Autism-Services.aspx>

Collin County is LifePath Systems

Behavioral and Psychiatric Services

- 972-422-5939 <http://www.lifepathsystems.org/welcome-behavior-health#>

Intellectual and Developmental Disabilities

- 972-727-9133; <http://www.lifepathsystems.org/welcome-intellectdevelop-disabilities>

Denton County is Denton County MHMR

- 1-800-762-0157; <http://www.dentonmhmr.org/>

Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk & Upshur Counties is Community Healthcare

- 903-758-2471; <http://www.communityhealthcore.com/>

Henderson, Rains, Smith, Van Zandt & Wood Counties is Andrews Center:

- 903-597-1351; <http://www.andrewscenter.com/>

Camp, Delta, Franklin, Hopkins, Lamar, Morris & Titus Counties is Lakes Regional MHMR:

- 972-524-4159; <http://www.lrmhmrc.org/index.php>