

# GET UP & GO WEIGHT MANAGEMENT PROVIDER REFERRAL FORM

PLEASE COMPLETE THIS FORM AND FAX TO: 214-456-0194

CHILD'S NAME	PROVIDER NAME AND CLINIC NAME
DATE OF BIRTH	PROVIDER PHONE
CHILD'S STREET ADDRESS	PROVIDER FAX
ADDRESS LINE 2	PARENT EMAIL
CITY/STATE/ZIP	PARENT/GUARDIAN NAME
PARENT/GUARDIAN PHONE NUMBER	RELATIONSHIP TO CHILD
GROUP NUMBER, MEMBER ID	

Select desired program below. (Select both if needed)

Weight Management

Type 2 Diabetes Prevention

Select this program if child with developmental differences meets enrollment criteria below:

Weight Management Program for Children with Developmental Differences (CWDD)

### Enrollment Criteria for CWDD:

- Child must have the ability to communicate basic wants/needs verbally
- Child must be comfortable participating in a group setting with peers
- Child must be able to participate in low impact physical activity
- Child must be accompanied by at least one parent or guardian
- Child must be referred by a healthcare provider

Applicable to all Programs
Preferred Language_____
Gender_____
Weight (lbs.)_____
Height (inches)_____
BMI Percentile_____
Existing Comorbidities_____
_____
_____

### REFERRAL DISCUSSED WITH PARENT/GUARDIAN?

Yes, referral was discussed and parent/guardian agreed.

No, referral has not yet been discussed with parent/guardian.

### REFERRING PROVIDER:

\_\_\_\_\_  
PRINT

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

ADDITIONAL COMMENTS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### PROGRAM CONTACT INFORMATION

Weight Management 214-456-6312  
Weight Management for CWDD 214-456-2362  
Diabetes Prevention Program – 214-456-2362

