



FVN  
CMC77453-001NS Rev. 4/2017

Outpatient Therapy Services  
**Multidisciplinary Pediatric  
Feeding Addendum**

**DEVELOPMENTAL INFORMATION**

Has your child been diagnosed with a developmental disability or as having behavioral problems?  Yes  No (e.g. ADD/ADHD, autism spectrum disorders, oppositional behavior, aggressive behavior, speech delay, motor delay, sensory problems, learning problems, etc.)

Date of Evaluation / Diagnosis	Type of Evaluation	Results / Diagnosis	Name of Doctor / Evaluator

Please list the approximate ages at which the child was able to:

Sit Alone		Crawl		Toilet Trained	
Walk Alone		First Words		Spoke Sentences	
Walks with Support		Squats in Play		Walks Independently	

Is your child attending school, early intervention program, day care or other community activity?

Name of Facility	Date Enrolled	How Often

Please list any therapy or support services your child currently receives or has received in the past (i.e. speech therapy, occupational therapy, physical therapy, feeding therapy ABA / behavior therapy, regional center, early intervention, psychology?)

Date of Treatment	Treatment Program / Therapist / Specialist	Problem(s) Addressed	Reason for Cessation of Treatment
From: _____ To: _____			
From: _____ To: _____			
From: _____ To: _____			
From: _____ To: _____			

**FEEDING HISTORY**

Is your child currently working with a dietitian?  Yes  No

Please list name, how often and goals if applicable: \_\_\_\_\_

What modes of feeding do you currently use or have used in the past?

Feeding Method	Age Introduced / how long?	Any Problems Noted / Comments
<input type="checkbox"/> Breast-fed		
<input type="checkbox"/> Bottle-fed		
<input type="checkbox"/> Finger feeds		
<input type="checkbox"/> Spoon		
<input type="checkbox"/> Fork		
<input type="checkbox"/> Knife		
<input type="checkbox"/> Straw drinking		
<input type="checkbox"/> Sippy cup		
<input type="checkbox"/> Open cup drinking		
<input type="checkbox"/> Feeding tube: (circle one) G-tube NG tube NJ tube		
<input type="checkbox"/> Other:		

Key: G-tube = gastrostomy tube; NG tube = nasogastric tube; NJ tube = nasojejunal tube ; ABA = applied behavioral analysis ; ADD = attention deficit disorder; ADHD = attention deficit hyperactivity disorder; tbsp = tablespoon; oz = ounces; mL = milliliter; etc = and so forth; GI = gastrointestinal



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What formula(s) does your child currently take by mouth? \_\_\_\_\_

What formula(s) does your child currently take via feeding tube? \_\_\_\_\_

What is the recipe to make your formula ? \_\_\_\_\_

Amount of formula fed (ounces or calories per day/ child's weight in pounds) \_\_\_\_\_

Please describe your child's feeding schedule: \_\_\_\_\_

\_\_\_\_\_

Please check the box that describes your child's current intake of each of the following food types:

CONSISTENCY	Does eat	Can eat	Cannot eat	Won't eat	Never tried	Comments
Regular Liquid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Thick Liquid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Stage 1 or 2 baby food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Food prepared in blender	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Ground or Stage 3 baby food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Mashed table food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chopped table food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Regular table food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Crisp food (crackers)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chewy food (meat)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Crunchy food (carrot)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please list various foods, flavors, textures that are favorite / easy or dislikes / difficult:

Favorite / Preferred / Easy	Dislikes / Refuses / Difficult
_____	_____
_____	_____
_____	_____
_____	_____

How does your child let you know he / she is hungry? \_\_\_\_\_

Who usually feeds your child? \_\_\_\_\_

Which other individuals can feed your child? What is their relationship to your child? \_\_\_\_\_

Where is the child usually fed?

- Lap                       Table / Chair                       High chair                       Stand / Room  
 Infant seat                       Floor                       Couch                       Other \_\_\_\_\_

Describe the environment / location: \_\_\_\_\_

How long do meals typically last? \_\_\_\_\_

How much food is your child able to finish in a typical meal? \_\_\_\_\_



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Please check any behaviors that are of concern to you. Please circle the behavior(s) most concerning to you.

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Eats too fast           | <input type="checkbox"/> Eats non-food items | <input type="checkbox"/> Vomits        | <input type="checkbox"/> Pushes food away     |
| <input type="checkbox"/> Eats too much           | <input type="checkbox"/> Uses a bottle       | <input type="checkbox"/> Drools        | <input type="checkbox"/> Fails to suck        |
| <input type="checkbox"/> Refuses to open mouth   | <input type="checkbox"/> Reflux              | <input type="checkbox"/> Messy eater   | <input type="checkbox"/> Throws or drops food |
| <input type="checkbox"/> Spits out food          | <input type="checkbox"/> Eats too little     | <input type="checkbox"/> Leaves table  | <input type="checkbox"/> Cries or tantrums    |
| <input type="checkbox"/> Turns away from food    | <input type="checkbox"/> Fails to chew food  | <input type="checkbox"/> Eats too slow | <input type="checkbox"/> Plays with Food      |
| <input type="checkbox"/> Refuses to swallow food | <input type="checkbox"/> Gags                | <input type="checkbox"/> Other: _____  | <input type="checkbox"/> Picky- eater         |
| <input type="checkbox"/> Sneaks or steals food   | <input type="checkbox"/> Other: _____        | <input type="checkbox"/> Other: _____  | <input type="checkbox"/> Other: _____         |

Please check any techniques that you have used to get your child to eat. Please circle the behavior(s) most concerning to you.

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Threaten         | <input type="checkbox"/> Forced feeding            | <input type="checkbox"/> Model         | <input type="checkbox"/> Limit foods       |
| <input type="checkbox"/> Coax             | <input type="checkbox"/> Change food offered       | <input type="checkbox"/> Spank         | <input type="checkbox"/> Offer small meals |
| <input type="checkbox"/> Offer reward     | <input type="checkbox"/> Distract with play / toys | <input type="checkbox"/> Praise        | <input type="checkbox"/> Ignore            |
| <input type="checkbox"/> Send to time-out | <input type="checkbox"/> Change meal schedule      | <input type="checkbox"/> Use TV/ Video | <input type="checkbox"/> Other: _____      |

What are your goals for therapy? (check all that apply)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Increase amount of food    | <input type="checkbox"/> Decrease / eliminate tube feeds | <input type="checkbox"/> Decrease vomiting related to eating |
| <input type="checkbox"/> increase variety of foods  | <input type="checkbox"/> Tolerance of textured food      | <input type="checkbox"/> Resolve reflux or other GI issues   |
| <input type="checkbox"/> Improve mealtime behaviors | <input type="checkbox"/> Improve oral motor skills       | <input type="checkbox"/> Decrease gagging during eating      |
| <input type="checkbox"/> Increased weight           | <input type="checkbox"/> Other: _____                    | <input type="checkbox"/> Other: _____                        |

**ADDITIONAL COMMENTS**

Please list any additional information you feel is important to the evaluation and treatment of your child: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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**Developmental Addendum**

Name:	Date of Birth:
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**3 Day Food Log**

**In order to provide an accurate diet record It Is Important to follow these guidelines:**

Specify the type of food whenever possible (brand names, % milk, etc.)  
 Pizza → 1 slice, medium Pizza Hut, cheese pizza; crackers → graham crackers  
 Include the amount of food given/eaten in measurable quantities (cup, fluid ounce, tablespoon, 1 slice, etc.)  
 5 Bites → 2 tsp; Handful → 1/2 cup  
 Describe how the food was prepared (grilled, fried, scrambled, 1 tsp oil added, etc.)  
 Chocolate milk → whole milk w/2 TBS chocolate syrup; Sandwich → 1 slice bread w/1 TBS peanut butter  
 \*Try your best to record each meal/snack after it is eaten, it is much more accurate this way\*  
 \* Send food record 2 weeks prior to appointment to the appropriate address\*

**After completion of your child's food record, a nutrient analysis will be completed by a dietitian •**  
**\*\*SEE SAMPLE BELOW\*\***

Mealtime	Type of Food (include preparation -fried, baked, oil added, pureed etc.)	Brand Name (if applicable)	How much offered (Please use measurements - 1 cup, 1 tsp, 2 oz package, etc.)	How much eaten (Record measurable volumes: %, TBSP, items, mL, etc.)	Place H=Home A=Away S=School T=Therapy	Comments
<b>DATE: 01/01/01 Day 1</b>						
7:30 am	100% Wheat toast w / 1 tsp margarine	Pepperidge Farm w / Smart Balance	1 slice	3/4 slice	H	Happy, ate normal amount
	Peanut Butter	Skippy - natural	1 tbs	1 tsp		
	Banana		1/2 med. size	25 %		
	Chocolate milk, ready-to-drink, low fat	Nesquik	4 fl. oz	2 fl. oz		Typically consumes 4 oz.
10:00 am	Yogurt, strawberry	Yoplait, original	6 oz	2 TBS	A	Distracted, below normal amount
	Chewy chocolate chip granola bar	Quaker	1 bar	10 %		Gagged, then refused
	Apple juice	Minute Maid	200 mL	45 mL		Drinks from straw
	Crackers, cheddar	Goldfish	1/4 cup	5 fish		Preferred food
12:00 pm	Mac & cheese, prepared w / water & 1 tap butter	Easy Mac	2 oz	10 %	T	Recently added butter to increase calories
	Mandarin oranges, in light syrup, drained	Del Monte	1 fruit cup	2 slices		New food
	Hot dog (beef frank), no bun	Oscar Mayer	1	2 quarter sized slices, 1/2 thick		Eats plain - no ketchup, etc.
<b>Mealtime</b>						
Mealtime	Type of Food (include preparation -fried, baked, oil added, pureed etc.)	Brand Name (if applicable)	How much offered (Please use measurements - 1 cup, 1 tsp, 2 oz package, etc.)	How much eaten (Record measurable volumes: %, TBSP, items, mL, etc.)	Place H=Home A=Away S=School T=Therapy	Comments

<b>DATE: Day 1</b>						

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Mealtime	Type of Food (include preparation -fried, baked, oil added, pureed etc.) pureed, etc.)	Brand Name (if applicable)	How much offered (Please use measurements - 1 cup, 1 tsp, 2 oz package, etc.)	How much eaten (Record measurable volumes: %, TBS, items, mL, etc.)	Place H=Home A=Away S=School T=Therapy	Comments
DATE Day 2						
Mealtime	Type of Food (include preparation -fried, baked, oil added, pureed etc.) pureed, etc.)	Brand Name (if applicable)	How much offered (Please use measurements - 1 cup, 1 tsp, 2 oz package, etc.)	How much eaten (Record measurable volumes: %, tbsps, items, mL, etc.)	Place H=Home A=Away S=School T=Therapy	Comments
DATE Day 3						

Signature of Parent / Legal Guardian \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

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