

CONTROLLER MEDICINE



TAKE EVERY DAY

Medicine ADVAIR HFA

- Strengths: 3
- Doses: 120
- Number of priming sprays: 4
- Repeat prime with 2 sprays if more than 4 weeks since last use or if dropped
- Use with a holding chamber or spacer.
- Shake inhaler for five seconds
- For chamber with mouthpiece:
 - Exhale, place mouthpiece in mouth, spray inhaler into chamber and then inhale for five seconds
 - Hold breath for 10 seconds
- For chamber with mask:
 - Spray inhaler into chamber
 - Take 6 breaths with mask over mouth and nose
- Rinse mouth with water after each dose
- Spit the water out
- Wipe spray opening with dry cotton swab, wipe mouthpiece with damp tissue weekly