

Learning Disabilities - Does your child have one?

Learn about common signs of a learning disability and when to see a doctor

When your child struggles in school, it can be hard to understand why. Are they having trouble paying attention? Are they missing important skills? Do they just need more sleep? It's also possible that your child has a learning disability. Learning disabilities can affect how your child reads, writes, or does math.

Signs of a learning disability can include:

- Trouble reading
- Trouble writing
- Trouble with math
- Trouble staying focused or paying attention
- Grades that go up and down
- Trouble holding a pencil or pen
- Difficulty planning and being organized
- Getting into trouble at school

Evaluating learning disabilities

"Teachers are a good source of information," says Dr. Alice Ann Holland, Ph.D., ABPP, a clinical neuropsychologist at Children's HealthSM. A teacher may be the first person to point out signs of a possible learning disability in your child. If your child's teacher feels that they may have a learning disability it is important to find out exactly what the cause is so the right treatment plan can be put in place.

Learn more

To see if your child has a learning disability, contact your child's school or a psychologist who specializes learning disabilities.